



M*C*A*L PRACTICE SCHEDULE 2011-2012 Effective 1/07/12

Location: LJCC

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Sunday</u>
Recruits 3:30-4:10	Basic Training 3:30 – 4:00	Recruits 3:30-4:10	Basic Training 3:30 – 4:00	Captains 3:30-4:45	Captains 3:00-4:45
Basic Training 4:15 – 4:45	Recruits 4:05-4:45	Basic Training 4:15-4:45	Recruits 4:05-4:45	Lieutenants 3:30-4:45	Lieutenants2 3:15 -4:45
Sergeants 4:45-5:40	Sergeants 4:45-5:40	Sergeants 3:45-4:40	Sergeants 4:45-5:40	Recruits 3:30-4:05	Lieutenants 3:30-4:45
Lieutenants 5:45-7:00	Dry Lands 5:00-5:30	Lieutenants 4:45-6:00	Dry Lands 5:00-5:30	Sergeants 4:05-4:45	Recruits 4:45-5:20
Lieutenants2 5:45 -7:15	Lieutenants 5:45-7:00	Lieutenants2 4:45 -6:15	Lieutenants 5:45-7:00		Sergeants 4:45-5:40
Captains 5:45-7:30	Lieutenants2 5:45-7:15	Captains 4:45-6:30	Lieutenants2 5:45-7:15		
	Captains 5:45-7:30		Captains 5:45-7:30		

Updated 1/7/12