

WARMUP INFORMATION

Warmup for Thursday events will be run as an open warmup from 2:30-3:50 p.m.
 ALL 13&Over preliminary warmup sessions will be run as open warmup from 7:30-8:50 a.m.

WARM-UP LANE ASSIGNMENTS BRENTWOOD ISC 12 AND UNDERS

Friday, Sunday First Warm-up Saturday Second Warm-up	First Warm-up 7:30-8:10am Second Warm-up 8:10-8:50am
NAC	LANE 1 / WARM DOWN LANE 1
XCEL	LANE 8 / WARM DOWN LANE2
SCAC	LANE 2
BSL /RRST	LANE 3
CMSA / MYB	LANE 4
TNT / SST / UN-MV	LANE 5
HBT / POST / AJAC	LANE 6
MTAC / MTSC	LANE 7
UNATTACHED	WARM DOWN LANE 3

Friday, Sunday Second Warm-up Saturday Second Warm-up	First Warm-up 7:30-8:10** Second Warm-up 8:10-8:50**
GPAC	LANE 1
MTS / GTAC / CLUB	LANE 2
BMAC / BXST / BWB	LANE 3
HSA / BASA / PCST	LANE 4
PACK / BAY	LANE 5
ECS / FAST / AUB /GST	LANE 6
MCAL / SAC / MSA / UNMSA	LANE 7
BSC / ACAC / CSWM / CTA	LANE 8

** The warm down pool (three lanes) can also be used for warm-up.